

# TEACHER DESK: SHOPPING LIST

## Food

single-serve oatmeals

granola bars

almonds/ cashews

crackers

## Personal

contact solution/ extra contacts

dental floss, toothpaste, toothbrush

lip balm

lotion

makeup (sometimes!)

hair ties/ brush

## Extras

bottled water or tea (leave in your trunk)

protein bars

raisins

dry cereal

hand sanitizer

backup glasses

mouthwash

bandages

headache/pain medicine

feminine care